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**A BRIEF STUDY ON NASAL DRUG DELIVERY SYSTEM**

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**ABSTRACT**

Nasal drug delivery system is a route of application in which drugs are insufflated through the nose. It can be a type of either topical application or systematic route a Nasal splashes are locally acting medications, for example, decongestants for frosty and sensitivity treatment, whose fundamental impacts are generally negligible. In present scenario, nasal medication conveyance framework has been considered as potential and ideal course of medication conveyance. It gives tolerant consistence .It is easy to administration, It easily bypass first pass metabolism and is an excellent penetration. Mostly times nasal drug delivery has been considered as alternative of parenteral route. The purpose of this review, to provide a complete information about nasal drug delivery system review.

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## Introduction

Nasal drug delivery system has been perceived as an exceptionally encouraging course for conveyance of remedial mixes including biopharmaceuticals. Nasal organization is a legitimate decision for topical nasal medicines, for example, antihistamines and corticosteroids. The nasal mucosa has additionally gotten consideration as feasible methods for fundamental organization of analgesics, tranquilizers, hormones, cardiovascular medications, and immunizations.

Expectedly, the nasal course has been utilized for nearby conveyance of medications for treating nasal hypersensitivity, nasal blockage, or nasal contaminations. However fundamental conveyance through the nasal course has as of late investigated potential outcomes for those requiring a quick on set of activity or requiring shirking of extreme proteolysis Involved in oral organization (e.g., most peptide and protein drugs).

### Nasal drug delivery system

However the essential capacity of the nose is olfaction, it warm sand humidifies motivated air and furthermore channels air borne particulates. Therefore, the nose capacities as a defensive framework against outside material. There are three unmistakable practical zones in then a salacity, to be specific: vestibular, olfactory, and respiratory regions. The vestibular zone fills in as a confound framework; it works as a channel of air borne particles. The olfactory epithelium is equipped for using drugs. The respiratory mucosa is where medicate retention is ideal. It is a useful delivery method for drugs that are active in low doses and show no minimal oral bio accessibility, for example, proteins and peptides. One reason for the low level of ingestion of peptides and proteins through then as a course is quick development far from the Retention site in then a cavity due to the mucociliary leeway component. The nasal course dodges hepatic initially pass elimination related with the oral conveyance: it is effortlessly available and appropriate for self-pharmaceutical. Amid the previous quite a few years, the achievability of medication conveyance by means of the nasal course has gotten expanding consideration from pharmaceutical researchers and clinicians. Medication hopefuls going from little metalions to substantial macromolecular proteins have been tried in different creature models. It has been archived that nasal organization of certain-hormone sand steroids have resulted in a more total

assimilation This shows the potential estimation of the nasal course for organization of fundamental meds and in addition using this course for neighborhood impacts.

This survey article gives a concise diagram of the favorable position sand impediments of Nasal drug delivery system framework and life systems of nasal pit, microsphere as a novel medication conveyance framework, boundaries to nasal retention, techniques to enhance nasal ingestion, microsphere Nasal drug delivery system plan and uses of Nasal drug delivery system frameworks with future chances of microsphere as a Nasal drug delivery system framework.

### **Advantages of Nasal drug delivery system framework**

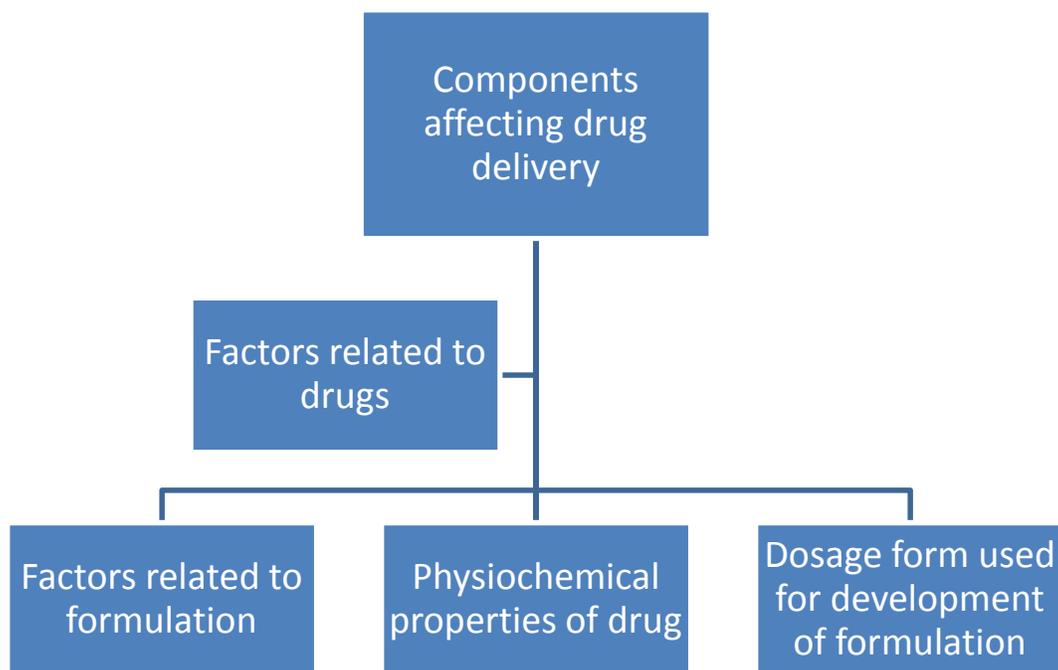
- 1). Give maintained remedial impact.
- 2). Decreases the recurrence of medication organization and in this manner enhance tolerant consistence.
- 3).Improve the bio accessibility of medication by enhancing ingestion.
- 4). As medication measurement is diminished, the shot of unfriendly impacts additionally diminished.
- 5) The nasal bioavailability for littler medication atoms is great.
- 6) Drugs that are orally not ingested can be conveyed to the fundamental flow by Nasal drug delivery system.
- 7) Studies of are done demonstrate that the nasal course is a substitute to parenteral course, particularly, for protein and peptide drugs.
- 8) Convenient for the patients, particularly for those on long haul treatment, when contrasted and parenteral prescription.
- 9) Drugs having poor soundness in g.i.t. liquids are given by nasal route.[5]

### **Disadvantage of Nasal Drug Delivery System**

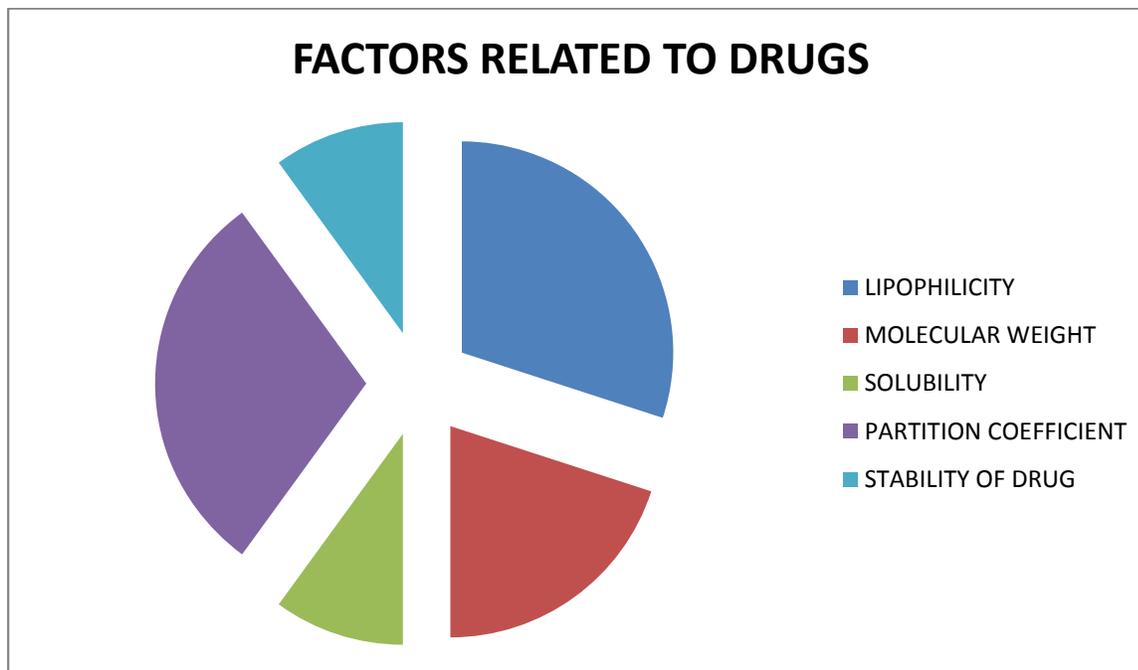
1. The histological danger of assimilation enhancers utilize noise Nasal drug delivery system framework is not yet plainly settled. It is mostly influenced by neurotic conditions.

2. Not possible for high sub-atomic weight more than 1000 Dalton.
3. Volume that can be conveyed into nasal pit is confined to 25-200 $\mu$ l.
4. Medication penetrability is constrained because of enzymatic restraint.
5. Nasal aggravations drugs can't be regulated through this course.
6. Generally in advantageous to patients when contrasted with oral conveyance frameworks since there is a probability of nasal aggravation.
7. Certain surfactants used as chemical enhancers may disrupt and even dissolve membrane in high focus.
8. There is a danger of nearby reactions and irreversible harm of the cilia on the nasal mucosa, both from the substance and from constituents added to the measurement frame.

Components influencing Nasal drug delivery system framework:



## System Of Drug Absorption



Section of medication through the bodily fluid is the initial phase in the assimilation from the nasal depression. Uncharged and in addition little particles effortlessly go through bodily fluid. Be that as it may, charged and in addition expansive particles may think that its more hard to cross. A few components have been proposed however the accompanying two instruments have been considered transcendently. The primary system of medication assimilation includes a watery course of transport (Para cell course). Para cell course is moderate and detached. In above course there is a reverse log-log relationship between's the atomic weight of water-dissolvable mixes and intranasal ingestion. Medication with a sub-atomic

The second system incorporates transport of medication through a lipoidal course (transcellular process). Transcellular course is in charge of the vehicle of lipophilic medications that demonstrate a rate reliance on their lipophilicity. Cell films might be crossed by drugs by a dynamic transport course by means of transporter interceded means or transport through the opening of tight intersections. Illustration: Chitosan opens tight intersections between epithelial cells and consequently encourage tranquilize transport.

## **Anatomy & Physiology of Nose**

The human nose is separated by the middle septum, a focal parcel of bone and ligament; each symmetrical half opens at the face by means of the nostrils and associates with the mouth at the nasopharynx. The nasal vestibule, the respiratory area and the olfactory district are the three primary areas of the nasal cavity. The horizontal dividers of the sub mucosal zone of the nasal section is to a great degree vascular and this system of veins channels blood from the nasal mucosa straightforwardly to the foundational course, along these lines dodging first-pass digestion the nasal cavity is secured with a mucous layer which can be partitioned into non-olfactory and olfactory epithelium areas.[6,7]

### **1. The Respiratory Region**

The respiratory epithelium is made out of four sorts of cells, in particular, non-ciliated and ciliated columnar cells, basal cells and flagon cells.

### **2. The Olfactory Region**

The tri germinal neural pathway may likewise be engaged with quickly conveying protein remedial operators, for example, insulin like development factor-1 to brain and spinal line following intra nasal organization.

The vehicle of medications over the nasal layer and into the circulatory system may include either latent dispersion of medication atoms through the pores in nasal mucosa, including blood supply, nerve supply or some type of non-alloof transport.

## **Microspheres As Nasal Drug Delivery System**

A wide range of small scale circles that have been utilized as Nasal drug delivery system frameworks are water-insoluble yet retain water into the circle's network, bringing about swelling of the circles and the development of a gel. The building materials in the small scale circles have been starch, dextrin, egg whites and hyaluronic corrosive, and the bio accessibility

of a few peptides and proteins has been enhanced in various the ingestion of huge hydrophilic medications . Miniaturized scale circles likewise apply an immediate impact on the mucosa, bringing about the opening of tight intersections between the epithelial cells. The nasal course for foundational medicate conveyance has basically been examined in light of substantial hydrophilic peptides and proteins, albeit other kind of medications has additionally been researched. Distinctive sorts of assimilation enhancer shave been utilized to maintain a strategic distance from the issue of low ingestion. Likewise, some low-sub-atomic weight drugs have been effectively conveyed in small scale circle arrangements. The home time in the pit is extensively expanded for miniaturized scale circles contrasted with arrangements.

On the premise assimilations two kind of the polymers utilized as a part of microspheres

1. Mucosa adhesive

2. Bioadhesive

1. **Mucosa adhesive:** Refers to attachment of issue to a bodily fluid layer furan broadened timeframe 6. A mucus adhesive agent is in this way a substance that holds fast to bodily fluid. The term Bio grip is less particular and can be utilized to indicate bond to any organic surface6-7. The impact of water-insoluble, Mucosa adhesive powder blends on the assimilation of insulin who presumed that they positively affected the nasal ingestion in examination with an answer and a water-dissolvable powder plan. A few bodily fluid glue polymers, for instance degradable starch microspheres, cellulose, caromed, alginate and the famous, cationic polymerchitosan, have been examined

2. **Bioadhesion:** The connection of an engineered or organic macromolecule to a natural tissue. A glue bond may frame with epithelial cell layer, the nonstop bodily fluid layer or a blend of the two. The expression "bodily fluid grip" is utilized particularly when the bond involves mucous coating and an adhesive polymeric gadget. The utilization of dry-powder formulations containing bioadhesive polymers for nasal organization of peptides and proteins water-insoluble cellulose subordinates were blended with insulin and the powder blend was introduced in to then a salcavity...Microspheres of albumin, starch and DEAE-(Di-ethylaminoethyl) dextran ingested water and shaped age l-like layer which was cleared gradually from the nasal cavity.

## Application

Microspheres utilized for the most part polymers are grouped in to two sorts

### 1. Engineered Polymers

Poly alkyl cyano acrylates is a potential medication bearer for parenteral and in addition other ophthalmic, oral arrangements. Poly lactic corrosive is an appropriate transporter for maintained arrival of opiate insect agonist, anticancer operators such as cisplatin, cyclophosphamide, and doxorubicin. Engineered polymers are divided into two sorts. a. Non-biodegradable polymers

e.g. Polymethyl methacrylate (PMMA) Acrolein Glycidyl methacrylate Epoxy polymers b. Biodegradable polymers

e.g. Lactides, Glycolides & their co polymers, Polyalkyl cyano acrylates, Polyanhydrides.

### 2. Characteristic polymers

Egg whites is a broadly conveyed common protein. It is considered as a potential transporter of medication or proteins (for either their site particular limitation or their nearby application in to molecularly discrete locales). It is in effect generally utilized for the focused on sedate for the focused on tranquilize conveyance to the tumor cells. Gelatin microspheres can be utilized as proficient bearer framework fit for conveying the medication or natural reaction modifiers, for example, interferon to phagocytes.

Sugars: Agars, Carrageen a, Chitosan, Starch.

Synthetically altered sugars: Polydextran, PolyStarch.

If there should be an occurrence of non-biodegradable medication bearers, when regulated parenterally, the transporter staying in the body after the medication is totally discharged postures plausibility of transporter poisonous quality over a drawn out stretch of time.

## **Sorts of microspheres**

### **A. Bioadhesive microspheres**

Bond of medication conveyance gadget to the mucosal layer, for example, buccal, visual, rectal, nasal and so on, can be named as bio attachment.

### **B. Attractive microspheres**

Attractive bearers get attractive reactions to an attractive field from incorporated materials attractive microspheres: Are utilized to convey chemotherapeutic operator to liver tumor.

### **C. Coasting microspheres**

In coasting sorts the mass thickness is not as much as the gastric liquid thus remains buoyant in stomach. The medication is discharged gradually at the coveted rate. More finished it likewise lessens odds of striking and dosage dumping.

### **D. Biodegradable polymeric microspheres**

Normal polymers draw out their residence time when contact with an aqueous medium, comes about gel development. The rate and degree of medication discharge is controlled by centralization of polymer.

### **E. Radioactive microspheres**

They are infused to the corridors that prompt tumor's of intrigue. In these conditions radioactive microspheres convey high radiation measurements to the focused on range without harming the ordinary encompassing tissues. The various types of radioactive microspheres are producers, producers, producers.

## **Techniques of microsphere nasal medication conveyance**

Microspheres: Microspheres of various materials have been assessed in vivo as nasal medication conveyance frameworks. Microspheres of egg whites, starch and Diethylamonoethyl(DEAE)-dextran ingest water and shape a gel-like layer, which clears gradually from the nasal depression

### **1) Dextran microspheres**

They were demonstrated bioadhesive microspheres for dragging out their side time in the nasal cavity. The slowest leeway was identified for DEAE-dextran, where 60% of the conveyed measurement was as yet shown at the affidavit site after 3 hours. However, these microspheres were not fruitful in advancing insulin retention in rats. The insulin was too firmly bound to the DEAE gatherings to be discharged by an answer with an ionic quality comparing to physiological conditions. Basic changes because of the lyophilization procedure were watched in circles with insulin joined, which most likely further diminished their retention rate.

### **2) Degradable starch microspheres (DSM)**

DSM is the most as often as possible utilized microsphere framework for nasal medication conveyance and has been appeared to enhance the assimilation of insulin, gentamicin, human development hormone, metoclopramide and desmopressin. Insulin directed in DSM to rats brought about a fast measurement subordinate reduction in blood glucose. DSM as a conveyance framework for insulin (2 IU.kg<sup>-1</sup>) has likewise been tried in sheep. The supreme bio accessibility was 4.5% and an opportunity to achieve most extreme impact, i.e., a 50% diminish in plasma glucose, was 60 min. Concentrates in rabbits have shown that DSM does not actuate genuine histopathological changes to the nasal mucosa. Besides, the DSM was very much endured by 15 solid volunteers and did not cause noteworthy changes in mucociliary transport.

The impact of starch microspheres on the assimilation improving productivity of different enhancer frameworks with insulin after application in the nasal cavity of the sheep was explored. The DSM was appeared to synergistically build the impact of the ingestion enhancers on the vehicle of the insulin over the nasal film

Sorts of microsphere

### **A. Bio Adhesive microspheres**

Bond of medication conveyance gadget to the mucosal film, for example, buccal, visual, rectal , nasal and so on, can be named as bio grip.

### **B. Attractive microspheres**

Attractive transporters get attractive reactions to an attractive field from fused materials attractive microspheres: Are utilized to convey chemotherapeutic specialist to liver tumor.

### **C. Skimming microspheres**

Infloating sorts the mass thickness is not as much as the gastric liquid and sore mains light in stomach. The medication is discharged gradually at the coveted rate More finished it additionally decreases odds of striking and measurements dumping.

### **D. Biodegradable polymeric microspheres**

Common polymers drags out the habitation time when contact with fluid medium, comes about gel arrangement. The rate and degree of medication discharge is controlled by convergence of polymer.

### **E. Radioactive microspheres**

They are infused to the corridors that prompt tumors' of intrigue. In these conditions radioactive microspheres convey high radiation measurements to the focused on zones without harming the ordinary encompassing tissues. The various types of radioactive microspheres are producers, producers, producers.

## **METHODS FOR PREPARATION OF MICROSPHERES**

The microspheres can be set up by utilizing any of the few systems given underneath however decision of the strategy for the most part relies upon the idea of the polymer utilized, the medication, the proposed utilize and the term of treatment.

### **1) SINGLE EMULSION TECHNIQUE**

The smaller scale particulate transporters of common polymers i.e., those of proteins and sugars are set up by Single emulsion method. The normal polymers are disintegrated or dispersed in fluid medium took after by scattering in non-watery medium e.g., oil.

Cross connecting by warm is completed by including the scattering, to already warmed oil. Warmth denaturation is in any case, not reasonable for the thermolabile medications while the synthetic cross-connecting endures impediment of unnecessary introduction of dynamic fixing to chemicals if included at the season of readiness.

### **2) DOUBLE EMULSION TECHNIQUE**

Includes the arrangement of the different emulsions or the twofold emulsion of sort w/o/w and is most appropriate to the water-dissolvable medications, peptides, proteins and the antibodies. The ceaseless stage is by and large comprised of the polymer arrangement that in the long run embodies of the protein contained in scattered watery stage. The essential emulsion is then subjected to the homogenization or the sonication before expansion to the fluid arrangement of the poly vinyl liquor (PVA).

The dissolvable dissipation is completed by keeping up emulsion at decreased weight or by mixing the emulsion with the goal that the natural eliminate vanishes. In the last case, the emulsion is added to the vast amount of water (with or without surfactant) into which natural eliminate diffuses. The strong microspheres are along these lines got by filtration and washing.

### **3) POLYMERIZATION TECHNIQUES**

The polymerization methods utilized for the readiness of the microspheres are fundamentally delegated

1. Ordinary polymerization
2. Interfacial polymerization

### **4) PHASE SEPERATION AND COACERVATION**

Stage detachment technique is uncommonly intended for getting ready there servoir sort of the framework, i.e. to embody water solvent medications e.g. peptides, proteins, in any case, a portion of the arrangements are of lattice sort especially, when the medication is hydrophobic in nature e.g. steroids. In grid sort gadget, the medication or the protein is solvent in the polymerphase. The procedure depends on the guideline of diminishing the dissolvability of the polymer in the natural stage to influence the development of the polymer rich stage called the coacervates. The coacervation can be achieved by expansion of the third part to the framework which brings about the arrangement of the two stages, one rich in the polymer, while the other one. In this system, the polymer is first broken up in a reasonable dissolvable and after that making its fluid arrangement scatters sedate.

Stage partition is then expert by changing the arrangement conditions by utilizing any of the strategy specified previously. The procedure is done under persistent blending to control the extent of the microparticles.

## **5) SPRAY DRYING AND CONGEALING**

Spray drying and shower solidifying techniques depend on the drying of the fog of the polymer and medication in the air. The polymer is first disintegrated in a reasonable unpredictable natural dissolvable, for example, dichloromethane,  $\text{CH}_3)_2\text{CO}$ , and so forth The medication in the strong frame is then scattered in the polymer arrangement under rapid homogenization. This scattering is then atomized in a stream of hot air. The atomization prompt the development of little beads or the fine fog from which the dissolvable dissipates prompting the arrangement of microspheres in a sizerange1-100 $\mu\text{m}$ .

Miniaturized scale particles are isolated from the hot air by methods for the violent wind separator while the hints of dissolvable are expelled by vacuum drying..

## **Characterization and Evaluation of Microsphere**

### **Particle measure assurance**

Molecule estimate was controlled by optical microscopy with the assistance of aligned eye piece micrometer. The span of around100microspheres was measured and their normal molecule

estimate decided. The normal molecule measure was dictated by utilizing Edmund child's condition.

$$D \text{ mean} = \frac{nd}{n}$$

Where, n =Number of smaller scale circles checked; d =Mean measure.

Middle size of the smaller scale circles definitions extended from 15 to 40 um were thought to be reasonable for nasal organization.

### **Medication entrapment efficiency**

Smaller scale circles containing of medication (5mg) were pulverized and after that the semi microspheres broke down indistilled water with the assistance of ultra sonic stirrer for 3hr, and then sifted and tested by uv-noticeable spectroscopy and afterward capture proficiency is ascertained.

Entrapment productivity is equivalent to proportion of real medication substance to the oretical sedate substance.

$$\% \text{Entrapment} = \frac{\text{Actual content}}{\text{Theoretical substance}} \times 100.$$

Rate yield: The yield was figured for each group. The rate yield of microspheres was figured as takes after.

$$\{ \% \text{ Yield} = \frac{\text{Weight of Microspheres}}{\text{Theoretical weight of medication and polymer}} \times 100 \}$$

### **Equilibrium swelling degree**

The Equilibrium swelling degree (ESD) of microspheres was dictated by swelling 5gms of dried microspheres in 5ml of phosphate cushion pH 6.8 over rnight in am easuring chamber. The swelling file of the microsphere was computed by utilizing the equation.

$$\text{Swelling index} = \frac{\text{Initial weight} - \text{Final weight}}{\text{Initial weight}} \times 100$$

### **Density determination**

The thickness of the microspheres can be measured by utilizing a multivolume pycnometer. Precisely measured example in a container is set into the multi volume pycnometer.

Helium is presented at a steady weight in the chamber and permitted to extend. This development brings about a reduction in weight inside the chamber. Two back to back readings of diminishment in weight at various beginning weight are noted. From two weight readings the thickness of the microsphere bearer is resolved.

### **Surface Topography**

The specimens for the filtering electron magnifying lens (SEM) investigation were set up by sprinkling the microspheres on one side of a adhesive tub.

At that point the microspheres were covered with gold before microscopy. Constricted aggregate reflectance Fourier Transform-Infrared Spectroscopy

The ATR-FTIR gives data about the surface creation of the microspheres relying on assembling conditions and methods .FT-IR is basically used to decide the corruption of the polymeric lattice of the transporter framework. The surface of the microspheres is researched and measuring exchanged aggregate reflectance (ATR).

### **X-beam diffraction**

X-beam diffraction is mainly used to determine the change in crystalline of drug. Microparticles and its individual segments were examined by the assistance of a x-beam diffractometer (Bruker, Germany). Scanning range point between 80C-700C..

### **UV-FTIR (Fourier change infrared)**

The medication polymer collaboration and corruption of medication while preparing for small scale epitome can be controlled by FTIR.

### **Conclusion**

A wide range of microspheres that have been utilized as nasal medication conveyance frameworks are water-insoluble however retain water into the circle's grid, bringing about

swelling of the circles. The dextran microsphere framework was as compelling as an ingestion enhancer for insulin as degradable starch microspheres (DSM). The most extreme diminishing in plasma glucose and the energy of the impact bend were comparable for the two frameworks. These frameworks likewise similarly affect mucosal integrity and do not have an of adjuvant impact on the resistant framework after rehashed nasal organization. It is therefore likely that them odeofaction for enhanced assimilation found for starch microspheres is additionally material to dextran microspheres, i.e. partition of the tight intersections amid the swelling procedure of the microspheres. Attractive microspheres and radioactive microspheres-for tumors), Controlled and maintained medication conveyance (Polymeric microspheres, Floating microspheres).By joining different procedures, microspheres will discover focal place in novel medication conveyance principally especially in cell arranging, diagnostics and Genetic building. From the examination it is demonstrated that Microspheres go about as compelling bearers for the novel medication conveyance framework.

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